I can plan my life by talking to:
- my friends and/or family
- an Ability Linker to find out what help I can get in my local area
- my GP, who can refer to an Occupational Therapist so we can work out what help I need
- someone in a service I use
- a Support Planner
- someone I know in FACS/ADHC (e.g. the Information and Pathways team).

See *My life – things to think about* (booklet 1) about getting help in your local area.

The Getting Prepared page can also help.

www.adhc.nsw.gov.au

There are many options I can consider for where and how I live.

I can live **by myself** in the house I own, a private rental or public housing, and I can get help to live in my house if needed.

I can live **with other people** in a place not managed by a disability service provider. For example, I could share a place I own or rent.

I can live **with other people** in a place managed by a disability service provider who receives funding from the NSW Government.

See *Somewhere to live – what help can you get?* (booklet 2)

www.adhc.nsw.gov.au

I can register for group accommodation services or individual funding.

See *Somewhere to live – about the Accommodation Support Register* (booklet 3)

www.adhc.nsw.gov.au

Register to individualise my current supports.
Contact 1800 605 489

livinglifemyway@facs.nsw.gov.au
To get a copy of the *My life and Somewhere to live* Easy English booklets, contact your local FACS district at www.facs.nsw.gov.au/about_us/contact_us

If you need this information in another language, you can call Translating and Interpreting Service (TIS) on 131 450.

You can also see their website www.tisnational.gov.au

Talk to FACS/ADHC about finding help in the community from an Ability Linker in your local area.

For more information

Phone (02) 9377 6000  TTY (02) 9377 6167
Email servicembx@facs.nsw.gov.au